

BREAKFAST & PASTRIES

BREAKFAST SANDWICH BOX

Minimum 10 sandwiches, priced individually.
Assorted Egg & Cheese, Bacon Egg & Cheese,
Sausage Egg & Cheese, Chipotle Breakfast Sandwiches

SMOOTHIE PARFAITS

Homemade granola with fruit and nuts, blueberry
banana smoothie, toasted coconut and fresh fruit
\$8 per person, individual servings

PETITE PASTRY PLATTER

Smaller pastries for those who want to try more than one!
Assorted scones, muffins and pumpkin bread
24 pastries \$52 / 36 pastries \$78

CLASSIC PASTRY PLATTER

Assorted scones, muffins, Hungarian sweet rolls
24 pastries \$68 / 36 pastries \$102

MAPLE BISCUITS

Award winning, flaky and buttery biscuits with real
Vermont maple syrup.
12 biscuits / \$40

PUMPKIN BREAD

A favorite! Freshly baked pumpkin bread with
Belgian chocolate chips.
\$9 / loaf (serves 4)

BROWNIE & BAR PLATTER

A tasty assortment of our classic, well-loved treats!
Large pastries cut in half to make petite servings.
24 servings \$43 32 servings \$56

COOKIE PLATTERS and BOXES

Chocolate Chip with Toasted Walnuts, Triple Belgian Chocolate,
and Chewy Oatmeal Raisin Cookies.
25 cookies \$36 25 petite cookies \$28

AUGUST FIRST BAKERY & CAFE

(802) 540-8160

www.augustfirstcatering.com

GREEN SALADS

Small serves 4-6 Large serves 8-10

MEDITERRANEAN (gf) sm \$25 lg \$47

Mixed artisan greens, feta cheese, kalamata olives, tomatoes,
cucumbers, carrots, red onion, walnut vinaigrette

HARVEST SALAD (gf) sm \$25 lg \$47

Mixed artisan greens, toasted walnuts, cranberries, carrots,
tomatoes, cucumbers, sesame dressing

KALE & BLUE CHEESE SALAD (gf) sm \$25 lg \$47

With sweet potatoes, apples and sunflower seeds

CURRIED TOFU SALAD (gf) sm \$29 lg \$51

Homemade baked curried tofu over
mixed greens, cucumbers, carrots, tomatoes and onions.
With sesame dressing.

CHEF SALAD (gf) sm \$34 lg \$58

McKenzie turkey, Cabot cheddar, ham, Swiss cheese,
lettuce, tomatoes, cucumbers, carrots and onions with
homemade walnut vinaigrette.

Add chicken to any salad sm: \$10 / lg \$14

SAVORY BOWLS (gf)

Very popular in our cafe! Like a salad, but with
more toppings than greens.

CHICKPEA & HERB sm \$39 lg \$68

feta, olives, walnuts, spinach, quinoa, fresh herbs, honey drizzle

LEMON TAHINI EDAMAME sm \$39 lg \$68

edamame, chickpeas, honey roasted carrots, quinoa,
fresh herbs, spinach, sesame seeds, lemon tahini dressing

SESAME CHICKEN sm \$45 lg \$70

with chickpeas, roasted sweet potatoes & broccoli,
quinoa, walnuts, spinach, sesame dressing

FRESHLY BAKED BREAD

BAGUETTE \$3.50

SEEDED BAGUETTE \$4

COUNTRY FRENCH SOURDOUGH* \$6

SEVEN GRAIN*

JALAPEÑO CHEDDAR

KALAMATA OLIVE

*available sliced or unsliced

SANDWICH PLATTERS

BISTRO SANDWICH PLATTER serves 10-12 \$91

Assortment of 20 half sandwich portions
of BLT on baguette, Turkey Bistro,
and Garden Veggie sandwiches

CAFE SANDWICH PLATTER serves 10-12 \$96

Assortment of 20 half sandwich portions
of Curried Chicken Salad sandwich,
Vermont (turkey/apples/cranberries)
and Mozzarella/Tomato/Basil

CLASSIC DELI PLATTER serves 8-10 \$89

Sliced turkey & ham, cheddar & Swiss, lettuce, tomato, onion,
mayonnaise, chipotle mayo, mustard. Includes sliced bread.
Add curried chicken salad, fresh apples & spinach, or
mozzarella/tomato/basil in balsamic for \$5 each per platter (8oz)

BAGGED LUNCHES

minimum 10 \$13.95 each

Any sandwich or individual green salad
Madhouse Munchie Chips or fresh fruit, and cookie

FRUIT SALAD

Delicious and fresh seasonal fruit
small (serves 8-12) \$42 large (serves 15-20) \$68

CRUDITES

Fresh vegetables, buttermilk dill dip
Medium serves 12-20 \$38 Large serves 25-35 \$75

DRINKS & SIDES

Fresh Fruit (whole) \$2 each
Chips \$1.75

Individual Soft Drinks / Iced Tea / Juice \$2.50
Box of Coffee / Regular or Decaf / Serves 8-10 \$24
includes cups, stirrers, sugar, creamer, sugar substitute
Paper plates, plastic ware, napkins \$1 per person

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